### **Notice of Privacy Practices**

### **NOTICE OF PRIVACY PRACTICES**

Effective Date: 1/25/18

Last Revision Date: None

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

This Notice serves as a notice for **Epik & Awesome Chiropractic LLC DBA Epik Chiro**. We will follow the terms of this Notice and may share health information with each other for purposes of treatment, payment and health care operations as described in this Notice and as required under the Health Insurance Portability and Accountability Act of 1996. It also describes your rights as they relate to your PHI. This Notice has been updated in accordance with the HIPAA Omnibus Rule and is effective March 26, 2013. It applies to all protected health information (PHI) as defined by federal regulations.

#### **Understanding Your Health Record/Information**

Each time you visit **Epik & Awesome Chiropractic LLC DBA Epik Chiro**; a record of your visit is made. Typically, this record contains your symptoms, examination and test results, diagnoses, treatment, and a plan for future care or treatment. This information may be used or disclosed to:

- Plan your care and treatment.
- Communicate with other providers who contribute to your care.
- Serve as a legal document.
- Receive payment from you, your plan, or your health insurer.
- Assess and continually work to improve the care we render and the outcomes we achieve.
- Comply with state and federal laws that require us to disclose your PHI.

Understanding what is in your record and how your PHI is used helps you to: ensure its accuracy, better understand who, what, when, where, and why others may access your PHI, and make more informed decisions when authorizing disclosure to others.

#### **Your Health Information Rights**

Although your health record is the physical property of **Epik & Awesome Chiropractic LLC DBA Epik Chiro**, the information belongs to you. You have the right to request to:

Access, inspect and copy your health record. Epik & Awesome Chiropractic LLC DBA Epik
 Chiro maintains an electronic medical record ("EMR"). You have the right to access your health record
 in a machine readable electronic format. You have the right to request an electronic copy of your
 medical record be given to you or transmitted to another individual or entity. Epik & Awesome
 Chiropractic LLC DBA Epik Chiro may charge you a reasonable, cost-based fee for the labor and
 supplies associated with copying or transmitting the electronic PHI.

- Amend your health record which you believe is not correct or complete. Epik & Awesome Chiropractic LLC DBA Epik Chiro is not required to agree to the amendment if you ask us to amend information that is in our opinion: (i) accurate and complete; (ii) not part of the PHI kept by or for Epik & Awesome Chiropractic LLC DBA Epik Chiro; (iii) not part of the PHI which you would be permitted to inspect and copy; or (iv) not created by Epik & Awesome Chiropractic LLC DBA Epik Chiro, unless the individual or entity that created the information is not available to amend the information. If we deny your request, you may submit a written statement of disagreement of reasonable length. Your statement of disagreement will be included in your medical record, but we may also include a rebuttal statement.
- Obtain a written accounting of certain non-routine disclosures of your PHI. We are not required to list certain disclosures, including (i) disclosures made for treatment, payment, and health care operations purposes, (ii) disclosures made with your authorization, (iii) disclosures made to create a limited data set, and (iv) disclosures made directly to you. All requests for an "accounting of disclosures" must state a time period, which may not be longer than six (6) years prior to the date of your request. If we maintain your medical records in an EMR system, you may request that the accounting include disclosures for treatment, payment and health care operations for the three (3) years prior to the date of such request. You must submit your request in writing to the Privacy Officer. The first list you request within a 12-month period is free of charge, but Epik & Awesome Chiropractic LLC DBA Epik Chiro may charge you for additional lists within the same 12-month period. Epik & Awesome Chiropractic LLC DBA Epik Chiro will notify you of the costs involved with additional requests, and you may withdraw your request before you incur any costs.
- Communications of your PHI by alternative means (e.g. e-mail) or at alternative locations (e.g. post office box).
- Place a restriction to certain uses and disclosures of your information. In most cases Epik & Awesome
  Chiropractic LLC DBA Epik Chiro is not required to agree to these additional restrictions, but if Epik &
  Awesome Chiropractic LLC DBA Epik Chiro does, Epik & Awesome Chiropractic LLC DBA Epik Chiro will
  abide by the agreement (except in certain circumstances where disclosure is required or permitted,
  such as an emergency, for public health activities, or when disclosure is required by law). Epik &
  Awesome Chiropractic LLC DBA Epik Chiro must comply with a request to restrict the disclosure of PHI
  to a health plan for purposes of carrying out payment or health care operations if the PHI pertains
  solely to a health care item or service for which we have been paid out of pocket in full.
- Revoke your authorization to use or disclose PHI except to the extent that action has already been taken.

### **Our Responsibilities**

#### Epik & Awesome Chiropractic LLC DBA Epik Chiro is required to: •

Maintain the privacy of your PHI.

- Provide you with this Notice as to our legal duties and privacy practices with respect to information we collect and maintain about you.
- Abide by the terms of the Notice currently in effect
- Notify you in writing if we are unable to agree to a requested restriction.
- Accommodate reasonable requests you may have to communicate PHI by alternative means or at alternative locations.
- Notify you in writing of a breach where your unsecured PHI has been accessed, acquired, used or disclosed to an unauthorized person. "Unsecured PHI" refers to PHI that is not secured through the use

of technologies or methodologies that render the PHI unusable, unreadable, or indecipherable to unauthorized individuals.

We reserve the right to change our practices and to make the new provisions effective for all PHI we maintain. Should our information practices change, such revised Notices will be made available to you.

We will not use or disclose your PHI without your written authorization, except as described in this Notice.

#### For More Information or to Report a Problem

If have questions and would like additional information, you may contact:

### **Privacy Officer**

### **Epik & Awesome Chiropractic LLC DBA Epik Chiro**

675 Auahi Street, Suite E3 203/204

Honolulu, HI 96813

(808) 888-2608

If you believe your privacy rights have been violated, you can file a written complaint with **Epik & Awesome Chiropractic LLC DBA Epik Chiro**'s Privacy Officer, or with the Office for Civil Rights, U.S. Department of Health and Human Services. Upon request, the Privacy Office will provide you with the address. There will be no retaliation for filing a complaint with either the Privacy Officer or the Office for Civil Rights.

**Treatment:** Information obtained by a nurse, physician, or other member of your health care team will be recorded in your medical record and used to determine the course of treatment that should work best for you. To promote quality care, **Epik & Awesome Chiropractic LLC DBA Epik Chiro** operates an EMR. This is an electronic system that keeps PHI about you.

**Epik & Awesome Chiropractic LLC DBA Epik Chiro** may also provide a subsequent healthcare provider with PHI about you (e.g., copies of various reports) that should assist him or her in treating you in the future. **Epik & Awesome Chiropractic LLC DBA Epik Chiro** may also disclose PHI about you to, and obtain your PHI from, electronic PHI networks in which community healthcare providers may participate to facilitate the provision of care to patients such as yourself. **Epik & Awesome Chiropractic LLC DBA Epik Chiro** may use a prescription hub which provides electronic access to your medication history. This will assist **Epik & Awesome Chiropractic LLC DBA Epik Chiro** health care providers in understanding what other medications may have been prescribed for you by other providers.

**Payment:** A bill may be sent to you or a third-party payer. The information on or accompanying the bill may include information that identifies you, diagnosis, procedures, and supplies used.

**Health Care Operations**: We may use information in your health record to assess the care and outcomes in your case and others like it. This information will then be used in an effort to continually improve the quality and effectiveness of the health care and service we provide.

**Business Associates:** We may contract with third parties to perform functions or activities on behalf of, or certain services for, **Epik & Awesome Chiropractic LLC DBA Epik Chiro** that involve the use or disclosure of PHI and disclose your PHI to our business associate so that they can perform the job we've asked them to do. We require the business associate to appropriately safeguard your information.

**Notification:** We may use or disclose information to notify or assist in notifying a family member, personal representative, or another person responsible for your care, your location, and general condition.

Communication from Offices: We may call your home or other designated location and leave a message on voice mail, in reference to any items that assist Epik & Awesome Chiropractic LLC DBA Epik Chiro in carrying out Treatment, Payment and Health Care Operations, such as appointment reminders, insurance items and any call pertaining to your clinical care. We may mail to your home or other designated location any items that assist Epik & Awesome Chiropractic LLC DBA Epik Chiro in carrying out Treatment, Payment and Health Care Operations, such as appointment reminders, patient satisfaction surveys and patient statements.

**Communication with Family/Personal Friends:** Health professionals, using their best judgment, may disclose to a family member, other relative, close personal friend or any other person you identify, PHI relevant to that person's involvement in your care or payment related to your care. When a family member(s) or a friend(s) accompany you into the exam room, it is considered implied consent that a disclosure of your PHI is acceptable.

**Open Treatment Areas:** Sometimes patient care is provided in an open treatment area. While special care is taken to maintain patient privacy, others may overhear some patient information while receiving treatment. Should you be uncomfortable with this, please bring this to the attention of our Privacy Officer.

**To Avert a Serious Threat to Health or Safety:** We may use your PHI or share it with others when necessary to prevent a serious threat to your health or safety, or the health or safety of another person or the public.

Research: We may disclose information to researchers when their research has been approved by an institutional review board that has reviewed the research proposal and established protocols to ensure the privacy of your PHI. Even without that special approval, we may permit researchers to look at PHI to help them prepare for research, for example, to allow them to identify patients who may be included in their research project, as long as they do not remove, or take a copy of, any PHI. We may use and disclose a limited data set that does not contain specific readily identifiable information about you for research. But we will only disclose the limited data set if we enter into a data use agreement with the recipient who must agree to (1) use the data set only for the purposes for which it was provided, (2) ensure the security of the data, and (3) not identify the information or use it to contact any individual. Epik & Awesome Chiropractic LLC DBA Epik Chiro may use a single compound authorization to combine conditioned and unconditioned authorizations for research (e.g. participation in research studies, creation or maintenance of a research database or repository), provided the authorization: (i) clearly differentiates between the conditioned (provision of research related treatment is conditioned on the provision of a written authorization) and unconditioned research components; and (ii) provides the individual with an opportunity to opt in to the unconditioned research activities.

**Coroners, Medical Examiners and Funeral Director:** In the unfortunate event of your death, we may disclose your PHI to a coroner or medical examiner. This may be necessary, for example, to determine the cause of death. We may also release this information to funeral directors as necessary to carry out their duties.

**Deceased Individuals:** In the unfortunate event of your death, we are permitted to disclose your PHI to your personal representative and your family members and others who were involved in the care or payment for your care prior to your death, unless inconsistent with any prior expressed preference that you provided to us. PHI excludes any information regarding a person who has been deceased for more than 50 years.

**Organ Procurement Organizations:** Consistent with applicable law, we may disclose PHI to organ procurement organizations, federally funded registries, or other entities engaged in the procurement, banking, or transplantation of organs for the purpose of tissue donation and transplant.

**Marketing:** We may contact you by mail, e-mail or text to provide information about treatment alternatives or other health-related benefits and services that may be of interest to you. However, we must obtain your prior written authorization for any marketing of products and services that are funded by third parties. You have the right to opt-out by notifying us in writing.

Fund Raising: We may contact you as part of a fund-raising effort. We may also disclose certain elements of your PHI, such as your name, address, phone number and dates you received treatment or services at Epik & Awesome Chiropractic LLC DBA Epik Chiro, to a business associate or a foundation related to Epik & Awesome Chiropractic LLC DBA Epik Chiro so that they may contact you to raise money for Epik & Awesome Chiropractic LLC DBA Epik Chiro. If you do not wish to receive further fundraising communications, you should follow the instructions written on each communication that informs you how to be removed from any fundraising lists. You will not receive any fundraising communications from us after we receive your request to opt out, unless we have already prepared a communication prior to receiving notice of your election to opt out.

**Sale of PHI:** Epik & Awesome Chiropractic LLC DBA Epik Chiro may not "sell" your PHI (i.e., disclose such PHI in exchange for remuneration) to a third party without your written authorization that acknowledges the remuneration unless such an exchange meets a regulatory exception.

**Health Oversight Activities**: We may release your PHI to government agencies authorized to conduct audits, investigations, and inspections of our facility. These government agencies monitor the operation of the health care system, government benefit programs, such as Medicare and Medicaid, and compliance with government regulatory programs and civil rights laws.

**Food and Drug Administration (FDA):** We may disclose to the FDA health information relative to adverse events with respect to food, supplements, product and product defects, or post marketing surveillance information to enable product recalls, repairs, or replacement.

**Public Health:** As required by law, we may disclose your PHI to public health or legal authorities charged with preventing or controlling disease, injury, or disability.

**Workers Compensation:** We may disclose PHI to the extent authorized by and to the extent necessary to comply with laws relating to workers compensation or other similar programs established by law.

Law Enforcement: We may disclose PHI for law enforcement purposes as required by law.

*Inmates and Correctional Institutions*: If you are an inmate or you are detained by a law enforcement officer, we may disclose your PHI to the prison officers or law enforcement officers if necessary to provide you with health care, or to maintain safety at the place where you are confined.

**Lawsuits and Disputes:** We may disclose your PHI if we are ordered to do so by a court that is handling a lawsuit or other dispute. We may also disclose your information in response to a subpoena, discovery request, or other lawful request by someone else involved in the dispute, but only if efforts have been made to tell you about the request or to obtain a court order protecting the information from further disclosure.

As Required by Law: We may use or disclose your PHI if we are required by law.

YOU WILL NOT BE PENALIZED OR RETALIATED AGAINST FOR FILING A COMPLAINT

# Acknowledgement of Receipt of NPP

### HIPAA

### PATIENT ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

You may refuse to sign this acknowledgemen claims.	t. In refusing we may not be allowed to process your insurance
Date:	
	opy of the currently effective Notice of Privacy Practices for this red document shall be as effective as the original.
Please <i>print</i> name of Patient	Please <i>sign</i> for Patient / Guardian of Patient
Print Legal Representative / Guardian	Relationship of Legal Representative / Guardian

## Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks associated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures, if indicated. Any examinations or tests conducted will be carefully performed, but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including, but not limited to, hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as an arterial dissection that involves an abnormal change in the wall of an artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. This occurs in 3-4 of every 100,000 people, whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately, a percentage of these patients will experience a stroke. As chiropractic can involve manually and/or mechanically adjusting the cervical spine, it has been reported that chiropractic care may be a risk for developing this type of stroke. The association with stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient Name:	Signature:	Date:
Parent or Guardian:	Signature:	Date:
Witness Name:	Signature:	Date:

ALSO SIGN THE ARBITRATION AGREEMENT ON REVERSE SIDE

NCC-FED C2004

PATIENT NAME:		

#### **ARBITRATION AGREEMENT**

Article 1: Agreement to Arbitrate: It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently or incompetently rendered, will be determined by submission to arbitration as provided by state and federal law, and not by a lawsuit or resort to court process, except as state and federal law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration. Further, the parties will not have the right to participate as a member of any class of claimants, and there shall be no authority for any dispute to be decided on a class action basis. An arbitration can only decide a dispute between the parties and may not consolidate or join the claims of other persons who have similar claims.

Article 2: All Claims Must be Arbitrated: It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, as to whether this agreement is unconscionable, and any procedural disputes, will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement bind all parties as to all claims, including claims arising out of or relating to treatment or services provided by the health care provider, including any heirs or past, present or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the health care provider and/or other licensed health care providers, preceptors, or interns who now or in the future treat the patient while employed by, working or associated with or serving as a back-up for the health care provider, including those working at the health care provider's clinic or office or any other clinic or office whether signatories to this form or not.

All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the health care provider, and/or the health care provider's associates, association, corporation, partnership, employees, agents and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages. This agreement is intended to create an open book account unless and until revoked.

Article 3: Procedures and Applicable Law: A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days, and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred or approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party for such party's own benefit. Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator.

The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder, any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that provisions of state and federal law, where applicable, establishing the right to introduce evidence of any amount payable as a benefit to the patient to the maximum extent permitted by law, limiting the right to recover non-economic losses, and the right to have a judgment for future damages conformed to periodic payments, shall apply to disputes within this Arbitration Agreement. The parties further agree that the Commercial Arbitration Rules of the American Arbitration Association shall govern any arbitration conducted pursuant to this Arbitration Agreement.

Article 4: General Provision: All claims based upon the same incident, transaction, or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

**Article 5: Revocation:** This agreement may be revoked by written notice delivered to the health care provider within 30 days of signature and, if not revoked, will govern all professional services received by the patient and all other disputes between the parties.

**Article 6: Retroactive Effect**: If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment), patient should initial here. \_\_\_\_\_. Effective as of the date of first professional services.

If any provision of this Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy.

NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

Patient Name:	Signature:	Date:
Parent or Guardian:	Signature:	Date:
Witness Name:	Signature:	Date:

ALSO SIGN THE INFORMED CONSENT ON REVERSE SIDE

NCC-FED C2004

### **Patient Financial Agreement Regarding Payment of Accounts**

**Non-Participating Insurance Plans** – I understand that payment for services <u>must be made at the time of service</u>. Unless special arrangements have been made, I understand that Epik Chiro does not file insurance claims for non-participating insurance companies.

**Participating Insurance Plans** – Insurance claims will be filed for your office visits and procedures but you are still responsible for co-payments, deductibles and unallowable charges not paid by your insurance carrier.

- \* I understand that it is my responsibility to see that the doctor is paid. My insurance coverage is a contract between me (the patient) and the insurance company, not the doctor and the insurance company.
- \* I understand that once billed, my insurance company is allowed 30 days for the balance to be paid. If my insurance carrier does not pay the claim within 30 days, I will be responsible for the balance in full. Any payments made by your insurance carrier thereafter will be promptly refunded to you.
- \* HMO/PPO claim denials due to cancellation of policy, lack of referral, lack of authorization or reversals of authorizations are the patient's responsibility regardless if previously obtained. I understand that Epik Chiro's office staff will try to advise and assist me in referral/precertification procedures. I understand that final responsibility lies with me, the patient, to comply with my specific insurance requirements. Any referrals must be presented to our business office before seeing the doctor.
- \* I understand that I will be charged a \$50 missed appointment fee if I do not cancel my appointment 24 hours in advance.

#### **Delinquent and Past Due Accounts**

If you expect to be late with a payment, please contact our office. Accounts, which are not paid on time, may be turned over to a collection agency.

I understand I will be charged \$50.00 for all returned checks.

I understand that my information will be registered with the credit bureau if I am turned over to collections. I also understand that I will be responsible for all collection and attorney fees in the amount of 33 1/3% plus filling cost/processing fees.

I ACKNOWLEDGE, UNDERSTAND, AND AGREE TO ALL OF THE ABOVE STATEMENTS REGARDING PAYMENT.

Print Name:	Date:
Signature:	

#### **Payment Plan Options**

Epik Chiro can work with you to put together a flexible payment plan that works for you, and your budget. Our staff can help explain all the available payment options and help you decide what works best. Please inform staff if this option is of interest.

### **Heart Sound Recorder Patient Consent Form**

I give Epik & Awesome Chiropractic LLC, dba Epik Chiro permission to record the sound of my heart and to create a graph of that sound on the Heart Sound Recorder (a general wellness cardiac stress monitor). I have been informed and understand that the Heart Sound Recorder is not an electrocardiograph like those in hospitals or those used by physicians and that it is not capable of diagnosing heart conditions and is not in any way a substitute for such a device. I further understand that the Heart Sound Recorder has not been reviewed or cleared by the US Food and Drug Administration. I understand that if I have, or believe I have, a heart condition, that I should see a physician qualified to evaluate and treat that condition.

Any suggested nutritional or dietary advice is not intended as treatment or therapy for any disease or symptom of disease. Nutritional counseling, supplement recommendations, and exercise considerations provided to me are to support the normal physiological processes of the body.

I understand that any techniques, treatments, or lifestyle changes suggested after the use of this device should be undertaken only with the guidance of a licensed physician, therapist, or health care practitioner.

The findings from this device can be used to support, but should not be used in place of, sound medical therapies and recommendations.

I am giving permission to Epik & Awesome Chiropractic LLC, dba Epik Chiro to share my graph with other practitioners for educational purposes only so long as my name and other personal information are removed.

By signing below, I agree to the abo	ove.
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Print Name:	 	
Patient Signature:	 	
Date:		



### **Neuro Emotional Technique (NET) General Informed Consent**

- 1. NET is an effective stress reduction tool used by practitioners to improve mind and body stress-related symptoms. NET is an integrative approach that addresses a patient's response to stress on a 'physiological' (not psychological) level and significantly reduces future reactivity to stressful stimuli.
- 2. Scientific research (visit ONEfoundation.org) has established NET as an effective treatment for traumatic stress symptoms related to mind and body conditions. NET is taught at Universities as an elective/selective to professional graduate-level students.
- 3. NET is used by healthcare practitioners from many disciplines, and all practitioners are trained to use NET within the guidelines of their professional and licensing requirements.
- 4. NET is not psychology or psychiatry or counseling, and it does not involve any type of psychotherapy or 'talk it out' therapy. If a psychological aspect is present, it should be addressed by an appropriate healthcare professional, such as a therapist, psychologist, etc.
- 5. NET is not performed silently, over the phone or through any electronic devices, and it does not deal in any way with parapsychology. NET does not predict the future, and it does not tell people what their plan of action may, must, or should be in the future.
- 6. NET uses a manual muscle test as a bio-feedback gauge to access the patient's physiological state. The muscle test is never used as a 'yes/no' indicator, and all memory events within the NET process are considered to be the patient's 'Emotional Reality', as these memories may or may not correspond with historical reality.
- 7. In accordance with confidentiality rules, information obtained in NET sessions will not be disclosed to any outside person(s) or agency without the patient's written permission (except when otherwise legally required and/or allowed by law).

I have read and discussed the above information with my practitioner. I understand the risks
and benefits, the nature and limits of confidentiality, and what is expected of me as a patient.

<del></del>	
Print Name (Parent or Guardian for Minor)	
Signature (Parent or Guardian for Minor)	Date